

Duration

The *Effective Teamworking* Workshop lasts for one working day

Who's this for?

- Established teams going through change and transformation
- Newly formed teams
- 2 Teams (or more) that, when combined, need to work very effectively together

Why hold this workshop?

High performing organisations are a combination of interdependent, highly effective teams who work really well together.

Examples from business, sport and the arts show that when principles of high performance are applied with groups of people, the results can be way beyond expectation! If we can get teamworking going well, not only will the team members perform and enjoy their work, but the organisation is likely to be more successful. The effectiveness of your Management Team and its connection to the system of teams in the organisation is vital in achieving the vision and goals.

This *Effective Teamworking* Workshop uses the **Insights Discovery Personality Profiling System** to build both self-awareness and understanding of the similarities and differences of the team members' preferences. This mutual understanding leads to the development of skills for adapting to and connecting with colleagues. The workshop also introduces a team effectiveness model for ongoing development of the team's activities, discussions and approaches.

What will we get out of the workshop?

This workshop will support and challenge you to:

- Identify and explain your personality preferences using Insights Discovery
- Use your increased self-awareness to boost your individual performance
- Adapt and connect with your colleagues based on THEIR preferences
- Discuss and make decisions about effective teamworking practices for your team and continue the development process afterwards

What's on the Agenda?

Preparation Work

- ✓ Complete the Insights Discovery Personality Profiling Evaluator
- ✓ Consider the attributes of the most effective team you've been a member of

Workshop

- ✓ The Insights Colour Energies
- ✓ The Insights Discovery Types & Sub-Types
- ✓ The Insights Discovery Personal Profile
- ✓ Recognising Others' Styles
- ✓ The effects of pressure and stress
- ✓ Adapting and Connecting Techniques
- ✓ The 'Team Wheel' and how to use it
- ✓ The Team Effectiveness Model
- ✓ Action Planning and Keys to Success
- ✓ Committing to action

Practice at Work

- ✓ Effective Teamworking becomes an every day focus
- ✓ Use the Team Effectiveness Model to guide the focus of teamworking improvements
- ✓ Continue feedback and learning captured during team meetings