

Duration

The Effective Teamworking Workshop lasts for one day

Who's this for?

- Established teams going through change and transformation
- Newly formed teams
- 2 Teams (or more) that, when combined, need to work very effectively together

Why attend?

High performing organisations are a combination of interdependent, highly effective teams who work really well together.

Recent examples from business, sport and the arts show that when principles of high performance are applied with groups of people, the results can be way beyond expectation! If we can get teamworking going well, not only will the team members perform and enjoy their work, but the organisation is likely to be more successful. The effectiveness of the Senior Management Team and its connection to the system of teams in the organisation is vital in achieving the vision and goals.

This Effective Teamworking Workshop uses the Insights Discovery Personality Profiling System to build both self-awareness and understanding of the similarities and differences of the team members' preferences. This mutual understanding leads to the development of skills for adapting to and connecting with colleagues. The workshop also introduces a team effectiveness model for ongoing development of the team's activities, discussions and approaches.

What will I get out of the workshop?

- Use your development in this role to support your career plan
- Develop your coaching and mentoring skills with other leaders and colleagues
- Become more self-aware and to use this to forge improved working relationships and boost your performance and development

What's on the Agenda?

Preparation Work

- Complete the Insights Discovery Personality Profiling Questionnaire and receive the feedback
- Reflect on the feedback and qualify it with others
- Consider the attributes of the best team you've been a member of
- Complete Team Effectiveness Questionnaire

Workshop

- The Insights Colour Energies
- The Insights Discovery Types & Sub-Types
- The Insights Discovery Personal Profile
- Recognising Others' Styles
- The effects of pressure and stress
- Adapting and Connecting Techniques
- The 'Team Wheel' and how to use it
- The Team Effectiveness Model
- Action Planning and Keys to Success
- Committing to action

Practice at Work

- Effective Teamworking becomes an every day focus
- Use the Team Effectiveness Model to guide the focus of teamworking improvements
- Continue feedback and learning captured during team meetings

